

ABSTRACT OF THE DISCLOSURE

There is provided a system capable of estimating biological data such as a pulse at the time of walking (exercise) with good reproducibility. Biological data at the time of walking is estimated indirectly by acquiring a relationship between biological data and exercise stress levels in body burden capacity acquiring means 21 prior to walking, acquiring an exercise stress level at the time of walking in means 22 for acquiring an exercise stress level at the time of walking, and relating the exercise stress level at the time of walking to the relationship between biological data and exercise stress levels in means 23 for estimating biological data at the time of walking. Further, a walking amount is also computed by use of the biological data at the time of walking in walking amount computing means 24.

Further, there is provided a walking pitch generator which generates a walking pitch capable of providing desired biological data such as a pulse rate at the time of walking. The desired biological data such as a pulse rate at the time of walking is obtained by acquiring a relationship between biological data and exercise stress levels in body burden capacity acquiring means 21 prior to walking, acquiring assumed biological data which represents biological data assumed to be desirably obtained at the time of walking in assumed biological data acquiring means 42, relating the assumed biological data to the relationship between biological data and exercise stress levels in assumed exercise stress level estimating means 43 so

as to estimate an assumed exercise stress level which represents an exercise stress level assumed to be obtained at the time of walking, computing a walking speed based on the assumed exercise stress level and a body weight inputted from body weight inputting means 49 in walking speed computing means 44, and computing a walking pitch based on the walking speed and a body height inputted from body height inputting means 45 in walking pitch computing means 46.